

Short Program

(3/2013)

Positive Attributes

Effortless, strong revolution, total discipline, perfect timing, amplitude, soft catches, fluid with speed, no technical deficiencies

Discipline, Strong revolution, fluidity, soft catches developing, lacks tension in posture, no technical deficiencies

Clearness and sureness developing, more synchronized, rhythm, some fluidity, clear pattern, well rehearsed, clear pattern, shows follow through, sufficient timing

Understands compulsory, smooth, lacks consistency, pattern awareness, still rather new

Deviates a lot, wrong compulsory, too careful, new to sport, understands responsibility but apprehensive

High 9.8 - 10.0
Mid 9.4 - 9.7
Low 9.1 - 9.3

Superior

80-100%

High 8.4 - 9.0
Mid 7.7 - 8.3
Low 7.1 - 7.6

Excellent

60-80%

High 6.1 - 7.0
Mid 5.3 - 6.0
Low 4.6 - 5.2

Good

40-60%

High 3.8 - 4.5
Mid 2.9 - 3.7
Low 2.1 - 2.8

Average

20-40%

High 1.4 - 2.0
Mid 0.7 - 1.3
Low 0.0 - 0.6

Fair

0-20%

Negative Attributes

Deviation is instantaneous

Forced or inconsistent speed, timing off occasionally, relax one responsibility for another, careful

Mechanical, Forced speed, struggling, some insecurities, off center release/catch, lack of smooth follow through, unbalanced body/baton and details

Forced speed, coordination of baton/body weak, no detail, cautious, technical skills not automatic

Lack coordination, Baton/body undefined and segmented, control problems, speed varies, above skill level, lack revolution, not center of baton

Name	Range		Name	Range	
#1 – Traveling Complex Vertical RH release on count 3, chasse, grand jete on count 4, RH standard catch	Mid-Fair	Grey Shorts	#5 – Horizontal LH Toss 1 ½ Spin R, RH Flat Back Catch 2-3 revolutions, hands on hips, finish in 2 nd position L tendu, arms in V position	0.9	Ireland
	Mid-Average	Purple		3.0	Belguim
	Mid-Good	Male-Blue; Canadian; Italian		6.1	Japan
	Mid-Excellent	French; Italian		7.8	Tina
	Mid-Superior	Ellissa Johnson		9.7	Kevin
#2 – Vertical RH Thumb Toss, 1 ½ Spin L, LH Blind Catch 2-3 revolutions, arms V on FT	1.5	Australia	#6 – Contact Material Section, 24 Counts	Mid-Fair	Purple
	3.7	French girl		Mid-Average	Black Leotard
	5.7	Italy		Mid-Good	Black Leotard
	7.7	Canada		Mid-Excellent	Jason Lee; Arnaud Lemazurier
	9.5	Tina		Mid-Superior	Seishi
#3 – 4 Continuous Elbow Rolls with R Arm Layout Catch with shoulders and hips facing front, head to front	1.0	Australia	#7 – Stationary Complex – Reverse Illusion Whip-flourish, toss on count 4, catch on count 8 in 5 th position releve	1.3	Grey Shorts
	3.3	Melissa Marcus		3.4	Navy Leotard
	5.6	Australia – Blk		5.7	Black Pants
	8.1	Japan		8.0	Shuichi
	9.0	Kevin		9.4	Ellissa Johnson
#4 – 2 ½ Continuous Flat Back Neck Rolls Arms in V down, catch with body directly facing back, feet in 2 nd position releve	0.7	Ireland – only 1	#8 – Vertical RH Thumb Toss, 2 Spin L, LH Catch 2-4 revolutions, hands on hips, RH straight out on exit	1.0	Ireland
	3.4	French girl		3.4	French girl
	5.6	Misty Cross		5.7	French
	7.8	Toshimichi		7.7	Canada
	9.4	Seishi		9.5	Kevin